NYSCA SUFFOLK COUNTY
# District 7
NOVEMBER 2022 NEWSLETTER

## The Power of the Thank You Note

Most of us say 'Please' and 'Thank You' at least 100 times a day without even thinking. We say these words to our spouses or significant others, our children, our postal carriers, our patients, our employees, the supermarket clerk, the list goes on and on- let's be honest, generally we are all polite people.

But, what about writing out a thank you note? Google has over 31,900,000 responses when asked for books relating to the thank you note. The titles of these books range from 365 Thank You Notes to The Power of Moments to The List that Changed My Life. Apparently, this thank you note thing is something people spend a lot of time thinking and writing about.

The funny thing about thank you notes is there are no boundaries on who to send one to or why to send one. A thank you note is always appropriate – especially if someone improved your day in any little (or big) way.

According to The University of New Hampshire Blog, writing a thank you note is "always the right thing to do" and "there is something old fashioned and especially heartfelt about writing it down by hand." The article continues to state that the recipient absolutely knows that this small piece of handwritten note translates to "I am thinking about you, I am grateful for you, here is the handwritten proof!"

So, as we begin to enter the grateful season in America, I offer that you join me and buy a pack of thank you cards, keep them handy and at the end of each day, write out a few to those people that made your day a bit better. You may be surprised how many you end up writing!

Incidentally, the word grateful is derived from the Latin Word "gratis" meaning agreeable/pleasing but even before Latin times, the word meant a connection to the Divine. Basically, the more grateful we are, the more we are connected to a higher spiritual level. That's pretty amazing!

Personally, I am grateful to all of you in NYSCA District 7 for continuing to care, support and educate each other through the practice challenges we all face.

Our next district meeting will be on November 16th at the Radisson in Hauppauge. Our speaker will be Harlan Pyes from Harlan Health Products who will be discussing a new high tech therapeutic device called the EM Field Pro. He will be demonstrating on our attendees- so come on down and try it out!

Other topics will include the latest changes in workers compensation, no-fault, Medicare, new ICD codes and more. So please take an hour out of your month to come down and participate.

As a reminder, our gold sponsors are Stand Up MRI, OALI, NSPC and Spine Care of Long Island. We appreciate their support every single day and I've just sent them each a handwritten thank you card to let them know!

Your grateful President

JoAnna Fasulo DC

NYSCA - GOLD SPONSORS

STAND-UP® MRI

Deer Park
243.3222
East Setauket
444.5361
Islandia
348.0996
Melville
454.0539
MULTI-POSITION™ MRI
The Only Weight-Bearing MRI

ORTHOPEDIC ASSOCIATES OF LONG ISLAND
A Division of RECISIONCARE
YOUR HEALTH. OUR PRIORITY.
OFFICE LOCATIONS
Commack
East Setauket
Patchogue
Riverhead
Southampton
Wading River
West Babylon
oali.com I 631-689-6698

SpineCare LONG ISLAND
SpineCareLongIsland.com
833-SPINE-33
- Exceptional Spine Care
- Outstanding Patient Experience
- Physicans you know & trust
- Board-certified and fellowship trained

Holbrook-Huntington-Plainview-West Islip
SpineCare Long Island: We've got your back.

NSPC Brain & Spine Surgery
(844) NSPC-DOC | nspc.com
Scan here to request a consultation
In-Network with The Empire Plan (NYSHIP)

## NYSCA D7 OFFICERS

**President - Dr. Joanna Fasulo**
631-289-3939 ▪ Fax: 631-289-3934
Fasulochiro@gmail.com

**Vice President - Dr. Robin Stein**
631-224-3036 ▪ Fax: 631-224-4764
fabelstein@hotmail.com

**Treasurer - Dr. Sophia Argeropoulos**
631-473-8182 ▪ Fax: 631-473-8183
saachiro@aol.com ▪ portjeffchiro.com

## D7 BOARD OF DIRECTORS

**Dr. Jack Beige, DC, JD**
631-231-7725 ▪ Fax: 631-231-7726
jackbeige@optonline.net

**Dr. Ronald Bernardini**
631-981-1333 ▪ Fax: 631-981-6766
lakechiropllc@optonline.net

**Dr. Philip A. Facquet III**
631-724-7277 ▪ Fax: 631-724-2666
drfacquet@optonline.net

**Dr. Alan Friedman**
631-544-0770 ▪ Fax: 631-544-4157
alannscc@aol.com

**Dr. John Pellegrino**
631-543-6777 ▪ Fax: 631-543-1875
johnpcommack@aol.com

**Dr. Gerard H. Piering, Jr**
631-728-8545 ▪ Fax: 631-728-1242
HBChiro1@aol.com

**Dr. Joseph Merckling**
631-286-2300 ▪ Fax: 631-286-4615
mercklingdc@optonline.net

**Dr. George Rulli**
631-471-2225 ▪ Fax: 631-471-4814
DRGRDC@aol.com

**Dr. Gregory R. Thomaier**
631-584-8100 ▪ Fax: 631-584-9436
urgreg@gmail.com

# FROM THE EDITOR

Welcome to our district's November newsletter.

The district puts out an edition 10 times per year (September to June); for years it was mailed to every DC in Suffolk, not just to members. This digital version is now e-mailed to each member of our district and to those non-members that opted to receive it. Following distribution it is available on the district's web site. Our vendors and Gold sponsors advertisements have active links contained in their newsletter ads and we include active video and informational links attached to many of the articles; do follow them.

The newsletter supports our district's monthly meetings and helps to advise you of important state and national changes that will impact your practices. Attendance at the district meetings is where your knowledge continues to grow and several of our district meetings even provide free CE credit to in-person attendees. Where else you get to socialize with your colleagues? The newsletter also contains reminders about the state conventions and our local CE's and Coffee event as well as the annual holiday party. It helps grow both NYSCA's and our district's membership; there is always an application contained inside.

Our efforts add value to your membership and we want you to take advantage of everything that we offer. What we ask in return is to call our advertisers and see how they can help your practices then open and download the newsletter. E-mail a copy to your non-member friends and associates and to vendors that service your practice; and when you do alert a board member so we can follow up with them to secure their participation with the NYSCA and our district. Attend our district meetings and CE events, celebrate with us at our district parties and share your ideas to help the district to stay and become more valuable to everyone.

We wish you a Happy Thanksgiving - see page 14.

IN PERSON MEETINGS - Radisson Hotel Hauppauge - 8 PM

For the Zoom link email Dr. Joseph Merckling at mercklingdc@optonline.net

# November 16th

**Harlan Pyes - Harlan Health Products**
EM Field Pro Therapeutic Device
Lecture and Demonstration
*and*
**Getting Your Offices Ready for 2023**
our board members will cover:

1. Important changes to Aetna
2. Updates to Good Faith Estimates, Cultural Competency Training and other annual mandatory training.
3. New Covid-19 Capital Costs Tax Credit Program
4. Federal WC 98940 denials
5. The 2023 Medicare deductible

# December - Holiday Party

# NEW EPISODE ALERT!

In today's episode, we welcome Dr. Heidi Haavik as she talks about how our body works as a total unit, the connection between the spine and muscle function, and ways to optimize your muscle function as it relates to overall wellness.

Dr. Heidi Haavik is the Director of Research at the New Zealand College of Chiropractic.

She is a chiropractor and has a PhD in human neurophysiology from the University of Auckland, and author of the best-selling book 'The Reality Check: A quest to Understand Chiropractic from the inside out.'

**Click here to listen**

SHARE OUR FREE RESOURCE WITH YOUR AUDIENCE!

Mind, Body and Spirit eBook

AMERICAN CHIROPRACTIC ASSOCIATION

# The Chiropractic Medicare Coverage Modernization Act

Legislation championed by ACA to increase Medicare coverage of chiropractic services has been introduced in the U.S. Senate and House of Representatives.

The Chiropractic Medicare Coverage Modernization Act (S. 4042/H.R. 2654) would allow Medicare beneficiaries access to the chiropractic profession's broad-based, non-drug approach to pain management, which includes manual manipulation of the spine and extremities, evaluation and management services, diagnostic imaging and utilization of other non-drug approaches that have become an important strategy in national efforts to stem the epidemic of prescription opioid overuse and abuse.

**Contact Your Senator! →**

**Contact Your Representative! →**

# FEDERAL COMP

NYSCA is aware and is working for a solution for continued issues with rejections of billing service code 98940. If you have any questions or have experienced these recent billing issues bring your EOBs and attend the next district meeting to find out more.

A Division of PRECISIONCARE

# ORTHOPEDIC ASSOCIATES OF LONG ISLAND

(631) 689-6698 | www.OALI.com

Commack | East Setauket | Patchogue | Riverhead | Southampton | Wading River | West Babylon

AMERICAN CHIROPRACTIC ASSOCIATION

# Seeking ACA Mentors!

***Want to share your knowledge and experience with the next generation?***

We are seeking members who are interested in participating in an ACA mentorship program. We are looking for established doctors of chiropractic to serve as mentors to new practitioners and students who will be joining the program as mentees.

Here is a breakdown of the mentorship program:

- We are accepting 15 mentors to the program.
- The time commitment of the program is one year.
- There will be one-to-one pairings setup between mentor and mentee.
- The program will create a structured environment to foster the relationship between you and your mentee.

This is YOUR opportunity to develop a meaningful relationship with a student or new practitioner at the beginning of their career.

**MENTOR APPLICATION**

This link will remain open until Apply before Nov. 17!

NEW YORK STATE OF OPPORTUNITY. Empire State Development

# COVID-19 CAPITAL COSTS TAX CREDIT PROGRAM

**SCREENING TOOL**

Governor Kathy Hochul announced applications are now being accepted from small businesses that have successfully completed the pre-screening process to become certified for the COVID-19 Capital Costs Tax Credit Program, which supports companies that made investments to comply with emergency orders and regulations or to increase public safety in response to COVID-19.

This new refundable tax relief program targets COVID-19-related expenses for infectious disease mitigation during 2021 and 2022. Eligible COVID-19-related costs include, but are not limited to:

- Supplies to disinfect or protect against COVID-19 transmission
- Costs associated with expanding, or defining space to accommodate social distancing
- HVAC equipment
- Expenses related to increased outdoor activity and outdoor space expansions
- Machinery and equipment to facilitate contactless sales

Tax credits will cover 50 percent of eligible costs, up to $50,000, for a maximum tax credit award of $25,000, and credits will be awarded on a first come first serve basis until program funds are depleted. Eligible businesses must operate a location in New York State, have 100 or fewer employees, $2.5 million or less of gross receipts in the 2021 tax year, and at least $2,000 in eligible costs between January 1, 2021 and December 31, 2022.

**LEARN MORE**

# ONE OF THE NATION'S LARGEST BRAIN & SPINE SURGERY GROUPS IS BASED RIGHT HERE ON LONG ISLAND.

## CLICK BELOW TO LEARN MORE ABOUT OUR PHYSICIANS

### Nassau Neurosurgeons

**Michael H. Brisman, M.D.**
*Trigeminal Neuralgia*
*Brain Tumors*

**Jeffrey A. Brown, M.D.**
*Neuropathic Facial Pain*

**Jonathan L. Brisman, M.D.**
*Neurovascular Neurosurgery*
*Endovascular Neurosurgery*
*Brain Tumors*

**Brian J. Snyder, M.D.**
*Parkinson's Surgery*
*Epilepsy Surgery*
*Pain Surgery*

**John A. Grant, M.D.**
*Pediatric Neurosurgery*
*Neurovascular Neurosurgery*
*Brain Tumors*

**Paolo A. Bolognese, M.D.**
*Chiari I Malformation*
*Syringomyelia*

**Robert N. Holtzman, M.D.**
*General Neurosurgery*
*Spine Surgery*

**William J. Sonstein, M.D.**
*Spine Surgery*

**Artem Y. Vaynman, M.D.**
*Spine Surgery*

**Stephen T. Onesti, M.D.**
*Spine Surgery*

**Sachin N. Shah, M.D.**
*Spine Surgery*

**Vladimir Y. Dadashev, M.D.**
*Spine Surgery*

**Benjamin R. Cohen, M.D.**
*Spine Surgery*

**Xavier P.J. Gaudin, D.O.**
*Spine Surgery*

**Yusef Imani, M.D.**
*Spine Surgery*

### Suffolk Neurosurgeons

**Ramin Rak, M.D.**
*Spine Surgery*
*Brain Tumors*

**Alan Mechanic, M.D.**
*General Neurosurgery*
*Spine Surgery*

**Donald S. Krieff, D.O.**
*Spine Surgery*

**Zachariah M. George, M.D.**
*Spine Surgery*

**Alexandros D. Zouzias, M.D.**
*Spine Surgery*

**Daniel M. Birk, M.D.**
*Spine Surgery*

**Raymond Baule, M.D.**
*Spine Surgery*

### Neuropsychology

**Gad Klein, Ph.D.**
*Neuropsychology*

### Neuro-Oncology

**Jai Grewal, M.D.**
*Neuro-Oncology*

### Neuroendovascular Surgery

**John Pile-Spellman, M.D.**
*Neuroendovascular Surgery*

**Sundeep Mangla, M.D.**
*Neuroendovascular Surgery*

**Jae Choi, M.D.**
*Cerebrovascular Neurology*

NSPC
Brain & Spine
Surgery

(844) NSPC-DOC | nspc.com

Scan here to request a consultation

In-Network with The Empire Plan (NYSHIP)

O ices: Rockville Centre | Lake Success | Bethpage | Commack | West Islip | Port Jefferson Station | Riverhead

## LIFE UNIVERSITY MARKETING DEPARTMENT RECEIVES MULTIPLE SPECIAL DIGITAL MARKETING AWARDS

The Life University (Life U) Marketing Department recently received continued recognition for their efforts promoting the University, in particular for their digital marketing contributions. The 10th Annual Education Digital Marketing Awards (EDMAwards) recently announced their list of winners, selected from an entry pool of colleges, universities and secondary schools nationwide.

According to the EDMAwards press release, over a thousand entries were received combined for all categories. Life U was honored with eight different awards, two at the Gold standard, three at the Silver standard and three at the Bronze standard. The Gold Awards given to Life U were "Admissions Website or Microsite- Landing Page" and "Digital Publication-Single- Alumni Magazine." The Silver Awards for Life U consisted of "Blogs- Life University Blog- Slice of LIFE," "Instagram- Life University Instagram main University account" and "Tik Tok- Life University Tik Tok Account." Lastly, the Bronze Awards for Life U are "Facebook- Life University- main Facebook page," "Institutional Website (.edu, .ca or .org)- Life University main website" and "Microsite- Event Site- Fall CE."

The Life U Marketing Department is humbled and honored to receive recognition and for the opportunity to put forth their best efforts to show Life U in its best light. Working to build and foster great teamwork through their collective efforts and having the support of leadership has made it possible to create strong marketing campaigns for the University in all formats. All members of the Marketing Department worked together to create these successful campaigns. The Marketing team will continue to formulate new and innovative campaigns to support leadership and growth at Life U.

For more information about Life University, visit life.edu.

## How long do you have to keep medical records for Medicare managed care programs?

Best guess? If you said 10 years you are correct. While states generally govern professional record retention; HIPAA rules require a Medicare Fee-For-Service provider to retain documentation six years from the date of its creation; however, if you are in a Medicare managed care program the number is 10. Why an extra four years for this program? My Magic Eight Ball was non-committal and replied that it "better not tell you now."

For more help see
https://magic-8ball.com/magic-8-ball-answers/ or https://www.cms.gov/files/document/mln4840534-medical-record-maintenance-and-access-requirements.pdf or https://www.cms.gov/files/document/mlnpodcastmedicalrecordretentionandmediaformatpdf#:~:text=CMS%20requires%20that%20providers%20submitting,patient%

## Save the date for the NYSCA 2023 Spring Convention

## April 14-16, 2023

## at Mohegan Sun Casino & Resort

Sky Convention Center | 1 Mohegan Sun Blvd, Uncasville CT

It is our pleasure to announce and formally invite you to participate in the NYSCA 2023 Spring Convention! We look forward to seeing you in person at our next live event to be held at Mohegan Sun!

**Earn up to 16 CE Credits over 3 days and across 2 tracks!**

# Have you heard?

Aetna will be discontinuing the pre-authorization program managed by National Imaging Associates (NIA) as of January 1, 2023. Come to the meeting to hear more.

# STAND-UP® MRI

## MULTI-POSITION™ MRI

### SUFFOLK COUNTY

- The Patient-Friendly™ MRI
- The "Non-Claustrophobic" MRI
- No "Tube," No "Tunnel"

- Most Patients Scanned Seated Watching TV
- Nothing in Front of the Patient's Face
- Very Large Patients Accommodated

## The Only Weight-Bearing MRI

[All cutaway views]

The rotating patient bed and open magnet design enable weight-bearing MRI.

**Islandia**
631.348.0996

**East Setauket**
631.444.5361

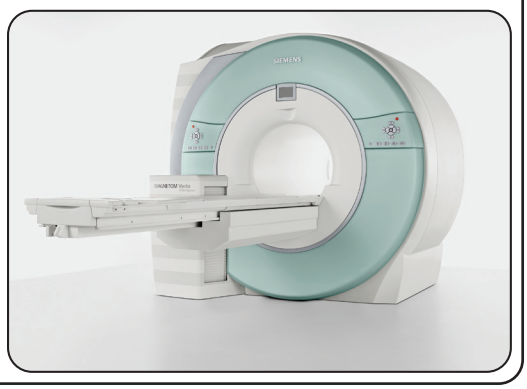
**Deer Park**
631.243.3222

**Melville**
631.454.0539

## Also at Islandia: Open-Bore 3T MRI

Allows you to choose the MRI that best serves your patient.

- 70 cm Open Bore
- Advanced Applications
- Thinner Slices
- Faster Scans
- Better Resolution



**www.standupmrilocations.com**

# Work Comp Corner
## *with Dr. Rulli*
**NYS WCB - "Board Authorization Renewal Notice"**

# IMPORTANT NOTICE PLEASE READ!

Many of our colleagues have noticed that Federal compensation is not paying for 98940. Please be aware that the NYSCA and the ACA are working together to rectify this issue. If you are experiencing this issue please contact one of the members on the insurance committee, the more examples we have the stronger our case, Thank you.

As a reminder "health care providers are now required by the New York State Workers' Compensation Board to renew their authorization to treat and/or perform independent medical examinations every two or three years. To streamline the process, the Board has transitioned to an electronic online renewal process through the Board's Medical Portal."

Your authorization to treat injured workers is still required even if you don't do IME's

**"Failure to Renew Authorization**
Failure to renew authorization by December 31, 2022, will result in the following:

- Your authorization will be removed, and you will no longer be permitted to treat injured workers in the New York State workers' compensation system...

- Your bills for service may not be eligible for the dispute process if you were not authorized on the date of service. To avoid any interruption, please renew your authorization.

**Renewing Your Authorization**
To renew your authorization, you must access the Board's Medical Portal and complete the Authorization Renewal form.

Once you're logged into the Medical Portal select Authorization Renewal, and then complete."

You must also have a certification of training. To do this you must register on nyswcb.coursemill.com on this website is were you will get your training. You must complete all the required chiropractic training and obtain the certificate of completion. These certificates along with your resume must be attached to your registration using the paperclip on the top right of the page.

**AT OUR NEXT MEETING WE WILL BE REVIEWING THIS PROCESS!**

Photo by drfacquet

# Do Not Use Infant Head Shaping Pillows to Prevent or Treat Any Medical Condition: FDA Safety Communication

The U.S. Food and Drug Administration (FDA) recommends that parents and caregivers do not use infant head shaping pillows intended to change an infant's head shape or symmetry or claim to prevent or treat any medical condition. The FDA is not aware of any demonstrated benefit with the use of infant head shaping pillows for any medical purpose. The use of head shaping pillows can create an unsafe sleep environment for infants and may contribute to the risk of suffocation and death.

Infant head shaping pillows are not FDA-approved. The safety and effectiveness of these products have not been established for the prevention or treatment of flat head syndromeExternal Link Disclaimer (also known as positional plagiocephalyExternal Link Disclaimer or deformational plagiocephalyExternal Link Disclaimer), or the more serious condition where the developing infant's skull bones join together too early (known as craniosynostosis).

## Recommendations for Parents and Caregivers

- Do not use infant head shaping pillows due to the risk of sudden unexpected infant death (SUID), inclusive of sudden infant death syndrome (SIDS), and suffocation and death.
- If you own an infant head shaping pillow, throw it away; do not donate or give it to anyone else.
- Be aware that infant head shaping pillows are not safe or effective for preventing or treating flat head syndrome or other medical conditions.
- Be aware that, in most cases, flat head syndrome will go away on its own as an infant grows, it is not painful and it does not cause any developmental concerns.
- If your infant has an unusual head shape, talk to your infant's health care provider about management options. Know that the use of infant head shaping pillows may delay the necessary evaluation and management of harmless conditions, such as flat head syndrome, or more serious conditions, such as craniosynostosis.
- To promote a safe sleep environment, the National Institutes of Health (NIH) and the American Academy of PediatricsExternal Link Disclaimer (AAP) recommend infants sleep on their backs in a bare crib on a flat (not inclined) surface without pillows, toys, soft objects, or loose bedding. The AAP guidelines

*Continued on page 14*

# We've got you covered, from head to toe!

## Spine Surgeons

Morgan Chen, MD

Sathish Subbaiah, MD

## Hand & Upper Extremity Surgeons

Dimitrios Christoforou, MD

Steven M. Puopolo, MD

## Total Joint Replacement Surgeons

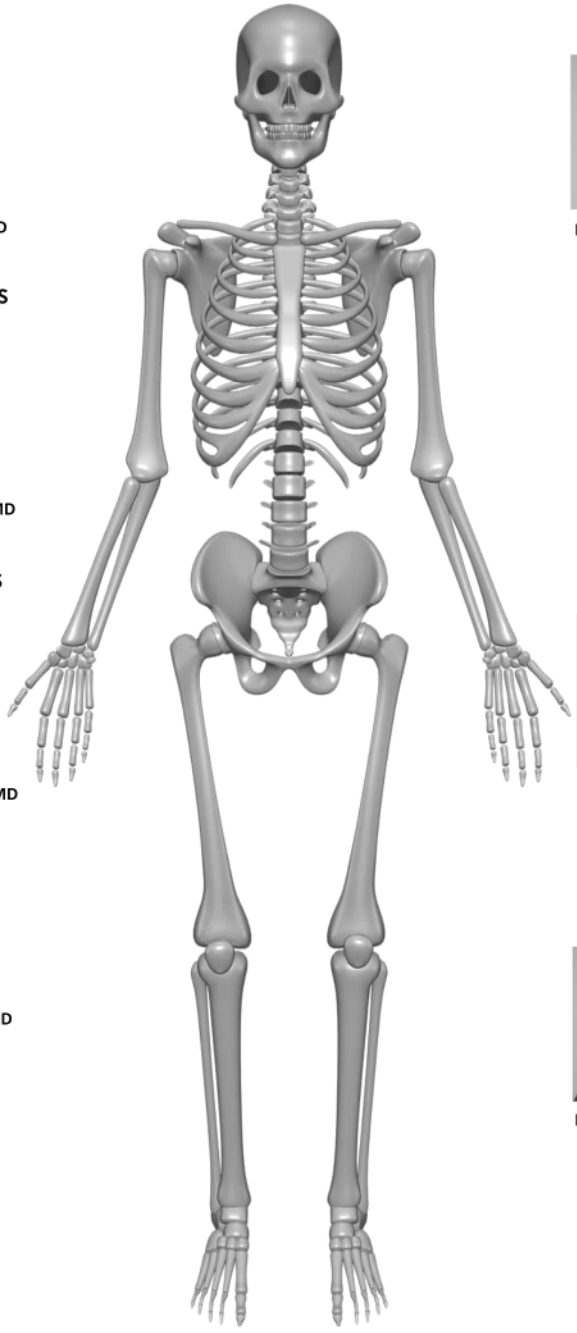
John J. Brennan, MD

Anthony Cappellino, MD

Jeffrey D. Hart, DO

Christopher Mileto, MD

Douglas Petraco, MD



## Non-operative Sports Medicine

Danielle DeGiorgio, DO

Mark J. Harary, MD

Hayley C. R. Queller, MD

## Sports Medicine Surgeons

Gregg Jarit, MD

Michael Sileo, MD

## Foot & Ankle Surgeons

Lorenzo Gamez, MD

Mudasser Javed, DPM

A Division of PRECISIONCARE

# ORTHOPEDIC ASSOCIATES OF LONG ISLAND

(631) 689-6698 | www.OALI.com

Commack | East Setauket | Patchogue | Riverhead | Southampton | Wading River | West Babylon

# Call to Action - Research Agenda Survey

CHIROPRACTIC FUTURE STRATEGIC PLAN

The Future of Chiropractic relies on ongoing, high-quality research. To best achieve this according to our collective goals, we need to establish a relevant research agenda. Please complete the following questionnaire to help us determine the most important topics that the chiropractic profession should prioritize regarding future research efforts.

TAKE THE SURVEY

---

**The Clinical Course of Spinal Pain in Adolescents**

**A Feasibility Study**

**Ethics Approval Number: PUIRB-2021-5**

*

**Do you or a friend have a new episode of spinal pain?**

Are you aged 12–17 years?

Do you have a mobile phone?

If you answered **YES** to these questions you may be eligible to participate.

**Dr's To Participate**

Contact:

**Dr. Amanda Stevens**

amandastevens@parker.edu

Study Coordinator

nih.gov

Why Should I Participate in a Clinical Trial?

*PLEASE SPEAK TO YOUR CHIROPRACTOR ABOUT PARTICIPATING*

MACQUARIE University

PARKER UNIVERSITY

# SpineCare LONG ISLAND

SpineCareLongIsland.com

833-SPINE-33

Your Partners in Spine.™

## Our Locations

**Holbrook**
4681 Veterans Highway
**Huntington**
110 East Main Street, Suite 2B
**Great Neck**
935 Northern Blvd. Suite 303B
**West Islip**
1175 Montauk Highway, Suite 6

**EXCEPTIONAL SPINE CARE - OUTSTANDING PATIENT EXPERIENCE**
**PHYSICIANS YOU KNOW & TRUST**
**BOARD-CERTIFIED & FELLOWSHIP TRAINED**

## OUR NEUROSURGEONS

**Kevin J. Mullins, MD**

**Salvatore M. Zavarella, DO**

**Joshua E. Ryan, MD**

**Salvatore Insinga, DO**

**Ahmad Latefi, DO**

**Amrit K. Chiluwal, MD**

## OUR SERVICES

**MINIMALLY INVASIVE BACK & NECK SURGERIES**
**ARTIFICIAL DISC REPLACEMENTS -**
**TREATMENT FOR SCOLIOSIS, DEFORMITIES &HERNIATED DISCS**
**-AND MUCH MORE**

Photo by Dr. Philip A. Facquet

## DO NOT USE INFANT HEAD SHAPING PILLOWS TO PREVENT OR TREAT ANY MEDICAL CONDITION: CONTINUED FROM PAGE 10

regarding a safe sleep environment are intended to help reduce the risk of SUID as described in the NIH Safe to Sleep Campaign.

- Learn more about safe sleeping environments by visiting FDA's Recommendations for Parents/Caregivers About the Use of Baby Products.
- If an infant in your care experiences an injury or adverse event when using a head shaping pillow, we encourage you to report it to the FDA and the manufacturer. Your report, along with information from other sources, can help the FDA identify and better understand the risks associated with medical devices.
- Be aware that infant head shaping pillows do not treat craniosynostosis.

### Recommendations for Health Care Providers

- Discourage the use of infant head shaping pillows. Review this safety communication with your colleagues, care teams, parents, and caregivers who recommend, use, or may use infant head shaping pillows.
- Educate your care communities, regarding the association of head shaping pillows with an unsafe sleep environment, which is associated with SUID, SIDS, and other causes of infant death, such as suffocation, that may occur with the use of head shaping pillows.
- The FDA has cleared caps, helmets or head bands for use as cranial orthosis devices intended to improve cranial symmetry or shape in infants and toddlers from 3 to 18 months of age, with moderate to severe non-synostotic positional plagiocephaly. Some cranial orthosis devices are also intended for adjunctive use for infants from 3 to 18 months of age whose synostosis has been surgically corrected, but who still have moderate-to-severe non-synostotic positional plagiocephaly.
- Improve awareness and understanding among your colleagues and care communities regarding a safe sleep environment for infants, and etiologies and associated management options for flat head syndrome.
- If a parent or caregiver reports a problem with an infant head shaping pillow, advise them to discontinue its use and report it to the FDA and the manufacturer. Prompt reporting of problems can help the FDA identify and better understand the risks associated with medical devices.

### Device Description

- Infant head shaping pillows are typically small pillows, with an indent or hole in the center designed to cradle the back of an infant's head while the infant lays face up, flat on its back. Sometimes these pillows do not have an indent or hole in the center and are rectangular shaped. These medical devices are marketed with claims to improve an infant's head shape and symmetry and claim

CONTINUE READING

You've worked hard to achieve success. You deserve a financial advisor that *works as hard for you.*

As an Ameriprise Private Wealth Advisor, I have the qualifications and experience to help navigate your complex financial needs. Whether it's investment management, tax strategies or legacy planning, I can work with you to grow and preserve what you've worked so hard to achieve.

**Demetrios Paraskevopoulos**
**CFP®, MSFP, MPAS™, ChFC®, APMA®**
*Private Wealth Advisor & CERTIFIED FINANCIAL PLANNER™ practitioner*

**516.288.7610**
300 Old Country Rd, Ste 371
Mineola, NY 11501
demetrios.x.paraskevopoulos@ampf.com

Ameriprise Financial®

**Not Federally Insured | No Financial Institution Guarantee | May Lose Value**

Certified Financial Planner Board of Standards Inc. owns the certification marks CFP®, CERTIFIED FINANCIAL PLANNER™ and CFP (with plaque design) in the U.S.
Ameriprise Financial, Inc. does not offer tax or legal advice.
Consult with a tax advisor or attorney.
Ameriprise Financial Services, LLC. Member FINRA and SIPC.
© 2021 Ameriprise Financial, Inc. All rights reserved. (07/21)

**We've got you covered!**

- Motor Vehicle & Motorcycle Accidents
- Construction Site Accidents
- Residential & Commercial Real Estate Transactions
- Business Formation, Partnership Agreements & Employment Agreements
- Federal & NY State Tax Resolution

*Law Office of*
JACK STUART BEIGE & ASSOC. PC

119 West Main Street,
Smithtown, NY 11787
631-231-7725

www.BeigeLaw.com

# Our Daily Fred

*A daily email for your personal development, empowerment, and amusement*

Fred Ford Life Success Consultant Newsletter

## Today's thoughts are taken from The Daily Stoic

In the kitchen at Per Se, one of the best restaurants in the world, there is a sign. All it says is: A Sense of Urgency. That's what a great chef, a great service staff, a great organization has. A great person needs it too.

Yet far too many of us lack this. In "Meditations", Marcus Aurelius chides himself for acting as if he's going to live forever, as if he has unlimited time. "You could be good today," he writes, "instead you choose tomorrow." He tells himself he needs to concentrate like a Roman and do the task in front of him as if it was the last thing he was doing in life. In short, he needs to attack everything with a sense of URGENCY.

**Freditorial:**
A friend and Daily Fred subscriber texted today's excerpt to me last week. Less than 30 SECONDS LATER, I logged onto Facebook to find a Meme from another friend and Daily subscriber and the meme read:

One life.
Just one.
Why aren't we running
Like we are on fire
Toward our
Wildest dreams?

Great question. Why aren't we?! Who said I'm not! Don't let your wildest dream out live you. DO SOMETHING TODAY to take a step in the direction of that dream. Do it with URGENCY! Like NOW!

**JOIN DAILY FRED**

**Save the date for the NYSCA Spring Convention - April 14-16, 2023**

# CULTURAL COMPETENCY TRAINING IS A MUST FOR THOSE PARTICIPATING IN MEDICAID

Yes you must do this with some plans yearly and others biannually. It is free training available through the state for both you and your staff members. For more information and the training see the links below or come to our next meeting. https://www.health.ny.gov/health_care/managed_care/plans/docs/cultural_competence_completion.pdf or https://thinkculturalhealth.hhs.gov/

# ADVERTISING

**NEWSLETTER EDITOR** - Dr. Philip A. Facquet III
35 Washington Blvd., Smithtown, NY 11787-2332
(631) 724-7277 • drfacquet@optonline.net

**NEWSLETTER ADVERTISING & CLASSIFIEDS**
To place an ad or for information contact the Newsletter Editor.

**ARTWORK REQUIREMENTS:** High resolution, 4 color PDF, email ad to the Editor. (ad creation available for an additional fee)

The deadline for receipt of both artwork and payments is the last Friday of the month, prior to month of insertion.

**PAYMENTS:** Send checks payable to: "NYSCA District 7"
c/o Dr. Argeropoulos, 9 Roosevelt Ave, Port Jefferson Station, NY 11776

To advertise State Wide contact: info@nysca.com or (518) 785-6346

Thank you for your support of the Chiropractic Profession and NYSCA. This newsletter is the official publication of the NYSCA District 7, Suffolk. This is a medium for open and responsible dialogue on issues germane to the chiropractic profession. Individuals are encouraged to contribute items of interest. Opinions do not necessarily reflect the views of the NYSCA or board members of District 7. The NYSCA and NYSCA D7 does not endorse or approve any statement or fact or opinion, nor is it responsible for editorial or advertising presented within the Newsletter. If you would like to comment on an article or submit articles that may be of possible interest to our district please email the editor directly.


HP
Harlan Health Products, Inc.
*All the products you need...and the personal service you deserve.*
Electrotherapy • Winback TECAR Therapy • Laser Therapy • Shockwave Therapy
Magnetic Resonance Therapy • Tables • Traction • Thermo Stim
Rehab Equipment • Cardio Equipment • Over 5000 Clinical Supplies
TRADE-IN
YOUR OLD EQUIPMENT, WORKING OR NOT FOR TODAY'S NEWEST TECHNOLOGY*
*Limited time offer. Call to find out if your old equipment qualifies.
800.345.1124 www.harlanhealth.com
YouTube
Dynatronics • Richmar • Chattanooga • Hill • Multi Radiance
Lloyd • Scifit • ThermX • Matrix...and more


# CLASSIFIED

## CHIROPRACTIC EQUIPMENT FOR SALE

### 3 LLOYD TABLES & 1 THOMAS PORTABLE TABLE

1 LLOYD TABLE WITH ELEVATION, FLEXION/DISTRACTION, SWING THORACIC AND DROPS. PRICE: $2000 - RETAILS FOR $15K

1 LLOYD TABLE WITH ELEVATION, SWING THORACIC AND DROPS. PRICE: $1500 - RETAILS FOR $13K

1 LLOYD TABLE STATIONARY WITH SWING THORACIC, FLEXION/DISTRACTION & DROPS. PRICE: $500 - RETAILS FOR $6K

1 THOMAS PORTABLE TABLE WITH DROPS. PRICE: $250

CONTACT 631-475-0711

# Good Faith Estimates

This Good Faith Estimate shows the costs of items and services that are reasonably expected for the health care needs for an item or service a provider has recommended to an uninsured or self-pay patient. It also describes the patient-provider dispute resolution process. A sample form can be found using this link https://www.cms.gov/files/document/good-faith-estimate-example.pdf. For the complete article from CMS see https://www.cms.gov/files/document/gfe-and-ppdr-requirements-slides.pdf. For additional information come to our next district meeting.

# Colleague's in Need

Please alert our district if you know of member who is sick or infirmed.

We want to be of help.

Contact Dr. Fasulo at 631-289-3939 or Fasulochiro@gmail.com

# Prayers for Dr. John Pellegrino

# Survey Link

Look out for it a survey will be soon emailed to D7 membership and will have a link to participate. We want your opinions on how we can improve participation rates in the NYSCA both on the state and local level. We represent your interests and work to keep NYS timely information in front of all of you. So when you receive the email notice - don't delete it fill it out; it is quick. If not do not hesitate to call our district president or any board member with your concerns.

# ELITE MEDICAL

*Your Spinal Bracing & DME Specialists*

**Elite Medical Supply specializes in Spine and Knee disorders. If your patients have back, neck or knee pain, or are about to or have already had surgery, we can help.**

**We have been in business since 1998 and are a Medicare accredited supplier of DME, with accreditation by the Board of Certification/Accreditation International. Let our staff of Chiropractors and Certified Orthotic Fitters assist your patients on their road to recovery.**

To view all products, ordering process and participating insurances, please visit our website at:

**www.EliteMedicalSupplyofNY.com**

ELITE LSO & TLSO

VENUM LSO & TLSO

EXPANDER MAX LSO

ELITE MULTI-MODE STIMULATOR

PRONEX

CV-1000

DDS CERVITRAC

TENS UNIT

KNEE BRACES

VISTA MULTI-POST CERVICAL COLLAR

CERVICAL COLLARS

BONE GROWTH STIMULATORS

**Chris Rooney D.C., Account Manager**
**(516) 510-0819**
**CRooney@EliteMedicalSupplyofNY.com**

1900 Ridge Road #125
West Seneca, NY 14224
Toll Free: (866) 712-0881

# New York State Chiropractic Association

PO Box 557, Chester NY 10918 | 518-785-6346 | 518-785-6352 FAX
info@nysca.com | www.nysca.com

## APPLICATION FOR MEMBERSHIP

### Contact Information

| | | | |
|---|---|---|---|
| Last Name: | First Name: | MI: | ☐ Male ☐ Female |
| Business Address: | | County: | |
| City: | State: | Zip: | |
| Office Phone: | Office Fax: | Email: | |
| Referred to NYSCA by: | | **All fields required unless otherwise specified.** | |

### Education Information

| | |
|---|---|
| Degree(s): | |
| Chiropractic College: | Year Graduated: |
| NY Chiropractic License Number: | Date of Issuance: (MM/DD/YYYY): |

### Personal Information

| | | |
|---|---|---|
| Date of Birth: | Home Phone (opt): | Mobile Phone (opt): |
| Home Address: | | County: |
| City: | State: | Zip: |

| Membership Categories | Dues |
|---|---|
| **Regular Membership** | **Full Year or AutoRenew*** |
| ☐ 1st Year Licentiate – up to 2 years from date of licensure | $120 or $10/month |
| ☐ 2nd Year Licentiate – up to 3 years from date of licensure | $240 or $20/month |
| ☐ 3rd Year Licentiate – up to 4 years from date of licensure | $360 or $30/month |
| ☐ 4th Year Licentiate – up to 5 years from date of licensure | $480 or $40/month |
| ☐ 5th Year Licentiate – Greater than 5 years from date of licensure | $600 or $50/month |
| **★ New Member Special ★** One-time offer applicable to Regular Membership only when year is PAID IN FULL. Eligibility subject to verification. Subsequent year's dues payable at usual rate. Cannot be combined with other discounts | 25% off |
| ☐ Part-time, practicing 20 hours or fewer per week Discount applicable to Regular Membership only. A certification of working hours, signed by a NYSCA district officer, must be submitted to the administrative office; Cannot be combined with other discounts | 50% off |
| **Associate Membership** – Include name of sponsoring NYSCA Member: _____ | |
| ☐ 1st Year Licentiate – up to 2 years from date of licensure | $60 or $5/month |
| ☐ 2nd Year Licentiate – up to 3 years from date of licensure | $120 or $10/month |
| ☐ 3rd Year Licentiate – up to 4 years from date of licensure | $180 or $15/month |
| ☐ 4th Year Licentiate – up to 5 years from date of licensure | $240 or $20/month |
| ☐ 5th Year Licentiate – Greater than 5 years from date of licensure | $300 or $25/month |
| **Affiliate Membership**† – must be licensed to practice chiropractic in New York | |
| ☐ a full-time staff member in residence at a chiropractic or other accredited university, college, school, or institution; or<br>☐ a full-time employee of any recognized governmental agency; or<br>☐ a member of the Armed Forces of the United States on active duty; or<br>☐ not in active chiropractic practice AND is employed full-time as supplier/vendor of chiropractic products and services, or other practice equipment, in service to members of the chiropractic professional field; or<br>☐ practicing exclusively in a state or jurisdiction other than New York State | $60 |

†out-of-state affiliate members may neither vote in NYSCA elections nor hold office

***Membership Dues – AutoRenew (Monthly debit from credit card)**

Cardholder understands and agrees that by opting into automatic billing his/her card will be charged on a monthly basis and will automatically renew on membership anniversary date. Renewal will be at current membership type associated with account. Monthly membership is not eligible for cancellation for the first 12 months.

### Payment Information

**Select One:** ☐ Pay **in full** ☐ **AutoRenew***

**Payment Method**

☐ VISA ☐ MasterCard ☐ DISCOVER ☐ AMERICAN EXPRESS

Card Holder:

Card #:

Expiration Date:

Security Code:

Billing Address:

☐ Check Enclosed; Please make checks payable to:
New York State Chiropractic Association
PO Box 557, Chester NY 10918

☐ Check here if you do **NOT** want 7% of your dues monies earmarked for NYCPAC. Refusal to contribute will not affect your membership rights.

I fully understand and agree that upon acceptance of my application, I shall abide by the certificate of incorporation of the NYSCA, its Bylaws, Canon of Ethics, all rules and regulations adopted by the Board of Directors and House of Delegates, and the laws of the State of New York, the Board of Regents, and the State Education Department. I further understand that the NYSCA regularly communicates with its members by electronic means and therefore permit NYSCA to send me communications and advertisements (regarding upcoming events, etc.) via fax/email.

Signature:

For Office Use Only — Date Received:

District Assigned: