



NYS CA SUFFOLK COUNTY

# District 7

SEPTEMBER 2025 NEWSLETTER

Find us on:  
**facebook**

 **FOLLOW US**

**Wednesday, September 17<sup>th</sup>**

**8:00 PM**

Monthly Meeting

## IMPORTANT FALL UPDATES FOR YOUR PRACTICE

Presented by District 7 Board Members

**NEW LOCATION**

HAMPTON INN LONG ISLAND/ISLANDIA  
1600 VETERANS MEMORIAL HWY, ISLANDIA, NY 11749

### What's Inside

- President's Message
- Insurance Updates
- Work Comp Corner
- Medicare Corner
- Chiropractic in the News
- Legislation Updates
- Education and Training

### Calendar of Events

**Wed., September 17**  
Monthly Meeting

IMPORTANT FALL UPDATES FOR  
YOUR PRACTICE

**Wed., October 15**  
Monthly Meeting

NEUROSURGERY LECTURE  
Presented by  
Dr. McHugh

**October 17-19**  
Embassy Suites East Syracuse  
2025 Fall Convention  
Earn up to 16 CE Credits

**Wed., November 19**  
Monthly Meeting

HIP DYSFUNCTION AND DIFFERENTIAL  
DIAGNOSIS WITH LBP  
Presented by  
Dr. Michael Sileo, MD from OALI

**Wed., December 17**  
Holiday Party-Location To Be Announced

### THANK YOU TO OUR GOLD SPONSORS



---

## PRESIDENT'S MESSAGE



Dr. JoAnna Fasulo

Dear D7 Colleagues:

As fall arrives, it's time for cooler weather and pumpkin spice, but also time for the inevitable insurance updates. Therefore, this month's meeting on Wednesday, September 17, at 8 pm at the Hilton Inn in Islandia will focus on those upcoming changes. Running an insurance-based practice is challenging, and D7 is here to keep you informed.

Did you know that NYSCA has its own Insurance Committee, with a couple of your D7 board members included in that group? If you have insurance reimbursement issues, attending our monthly meetings is the best way to get real-time answers from the experts. They are also a good time to meet up with other practitioners, exchange ideas, and enjoy some hot pizza!

If you cannot make the meeting in person, let us know, and we can arrange a ZOOM link.

This fall, your district looks forward to bringing you exciting speakers who will enhance your practice's success. However, if you have an idea for a speaker or if you would like to share information with the group, just let us know. We are all ears! And, as always, we highly appreciate the support from you, our members, as well as our Gold sponsors: OALI, Dr. Chen and Subbiah, and Dr. Amit Sharma. Remember to refer to them whenever possible..

I am very pleased also to welcome our newest Gold Sponsor, Dr. McHugh, a board-certified neurosurgeon specializing in minimally invasive and complex robotic surgeries. When you get a moment, please reach out to him and thank him for his support.

Now, let's get busy restoring health and wellness to our amazing patients and improving our practices, with the support of District 7.

Yours in Chiropractic,

Dr. JoAnna Fasulo

## UP TO SPEED ON INSURANCE

### OPTUM HEALTH CARE SOLUTIONS, LLC (OPTUM) SENT OUT FAXES IN AUGUST THAT THE 2024 TIER LETTERS ARE NOW AVAILABLE.

Please login to your [myoptumhealthphysicalhealth.com](https://myoptumhealthphysicalhealth.com) account to retrieve your letter.

### NEW NYSCA MEMBER PRIVILEGES ANNOUNCEMENT: COMPLIMENTARY ACCESS TO THE CLINICAL COMPASS EVIDENCE CENTER

[https://nysca.memberclicks.net/index.php?option=com\\_dailyplanetblog&view=entry&year=2025&month=06&day=30&id=1838:nysca-members-now-have-complimentary-access-to-the-clinical-compass-evidence-center](https://nysca.memberclicks.net/index.php?option=com_dailyplanetblog&view=entry&year=2025&month=06&day=30&id=1838:nysca-members-now-have-complimentary-access-to-the-clinical-compass-evidence-center)

### BC/BS SETTLEMENT STATUS: (INFO FROM BCBSPROVIDERSETTLEMENT.COM)

The Court resolved all appeals, and the Settlement is final. The deadline to submit claims in the Blue Cross Blue Shield Provider Settlement passed on July 29, 2025, and the Settlement Administrator is no longer accepting new claim forms. Settlement Class Members with existing claims may log in to their portal account and update their contact information or their payment method and details but may not edit other sections of the claim form. Settlement Class Members with existing claims who wish to make changes to other sections of the claim form must contact the Administrator at [Administrator@BCBSProviderSettlement.com](mailto:Administrator@BCBSProviderSettlement.com) or (888) 452-3095.

<https://www.bcbsprovidersettlement.com/>

**SUPPORT YOUR PROFESSION**

[nycpac.net](https://nycpac.net)

### AS OF AUGUST 1, 2025, PROVIDERS SUBJECT TO ELECTRONIC CMS-1500 MANDATE

<https://content.govdelivery.com/accounts/NYWCB/bulletins/3ed97ef>

<https://content.govdelivery.com/accounts/NYWCB/bulletins/3ea1e53>

### PAYMENT OF CPT CODE 99080 ON CMS-1500 BILLS (NEWLY APPROVED CPT CODE UNDER THE WORKERS COMPENSATION FEE SCHEDULE)

Applies to Workers Compensation bills only.  
Does not apply to No Fault bills

<https://content.govdelivery.com/accounts/NYWCB/bulletins/3e71236>

### GOVERNOR HOCHUL APPOINTS FREIDA D. FOSTER AS CHAIR OF NEW YORK STATE WORKERS COMPENSATION BOARD

<https://content.govdelivery.com/accounts/NYWCB/bulletins/3ed9789>

### DEPARTMENT OF LABOR NEW E-BILLING REQUIREMENTS (TAKEN FROM CARISK.COM)

a) Per the DOL: All Group practices must ensure the rendering provider NPI is associated with an active servicing provider in the OWCP provider file. As of 9/20/25, all billing provider groups and rendering provider taxonomy codes will be required. Providers should visit <https://owcpmed.dol.gov> to review and update provider NPI and/or taxonomy information if syntax rejections are received.

b) Electronic Fund Transfer (EFT) Mandate  
Due to Executive Order 14247, beginning September 30, 2025, all providers enrolled in the Department of Labor (DOL) Office of Workers' Compensation Programs must comply with the U.S. Treasury's Electronic Fund Transfer (EFT) mandate. Providers who are not enrolled in EFT must immediately complete and submit an ACH enrollment form to change payment method. [Click here](#) to access the form. The completed form can be submitted via fax at 888-444-5335 or by mail to Provider Enrollment, PO Box 8312 London, KY 40742-8312. Please make sure to include your OWCP Provider ID on all correspondence. Providers registered on the portal can log in and submit a modification by clicking on the maintain provider information hyperlink. Failure to comply will result in non-payment.

### SPECIFIC HP1 DOCUMENTATION GUIDELINES

<https://content.govdelivery.com/accounts/NYWCB/bulletins/38a834c>

### ON 8/22/2025- THE NYS WORKERS' COMPENSATION BOARD RELEASED AN UPDATED VERSION OF THE C-4.3 PERMANENT IMPAIRMENT FORM AND SUBMISSION GUIDELINES

<https://content.govdelivery.com/accounts/NYWCB/bulletins/3ee5e5e>

<https://nysca.memberclicks.net/nic-workerscomp?servId=9658>



**H.R. 539- THE MEDICARE COVERAGE MODERNIZATION ACT IS IN NEED OF COSPONSORS FROM NEW YORK. NYSCA MEMBERS HAVE BEEN HARD AT WORK AND WE HAVE A FEW COSPONSORS FROM NEW YORK BUT WE STILL NEED MORE ESPECIALLY FROM DOWNSTATE!**

Most of Long Island is comprised of the 1st or 2nd Congressional District. District 1 is basically all of northern Suffolk, and the south shore east of Mastic-Shirley. District 2 is basically all of Suffolk south of the LIE and west of Mastic-Shirley. You can check for your Representative by going to [www.House.gov](http://www.House.gov) and entering your home address and Zip code.

**Congressman Nick LaLota**  
Representing the 1st District of New York  
[lalota.house.gov](http://lalota.house.gov)

**Representative Andrew Garbarino**  
[garbarino.house.gov](http://garbarino.house.gov)

**Action Center**



**NEW YORK STATE  
CHIROPRACTIC  
ASSOCIATION**

## **CHIROPRACTIC LEGISLATION IN THE WORKS**

**Watch Video Below**



## **ATTENTION PART B MEDICARE CLAIM SUBMITTERS FOR UPSTATE COUNTIES AND QUEENS**

<https://mailchi.mp/15017458fdbb/new-po-boxes-for-part-b-claim-submitters-in-connecticut-and-new-york-upstate-counties-and-queens?e=de10d9725c>

## **ALERT: MEDICARE FRAUD SCHEME INVOLVING PHISHING REQUESTS VIA FAX AND OTHER MEANS**

<https://www.cms.gov/fraud>  
[https://nysca.memberclicks.net/index.php?option=com\\_dailyplanetblog&view=entry&year=2025&month=06&day=24&id=1835:alert-medicare-fraud-scheme-involving-phishing-fax-requests](https://nysca.memberclicks.net/index.php?option=com_dailyplanetblog&view=entry&year=2025&month=06&day=24&id=1835:alert-medicare-fraud-scheme-involving-phishing-fax-requests)

# **SUPPORT FOR WINDOWS 10 WILL END IN OCTOBER 2025**

After October 14, 2025, Microsoft will no longer provide free software updates from Windows Update, technical assistance, or security fixes for Windows 10. Please speak with your practice's computer team for your best options.

The end of Windows 10 and conversion to Windows 11 is significant for HIPAA purposes.

<https://www.hhs.gov/hipaa/for-professionals/faq/2014/does-the-security-rule-mandate-minimum-operating-system-requirements/index.html>

<https://www.microsoft.com/en-us/windows/end-of-support?r=1>

# CHIROPRACTIC IN THE NEWS

## THE ROAD TO THE RYDER CUP



New York, NY – [March 17th, 2025] – The Tunnel to Towers Foundation is proud to announce its sponsorship of a weekly golf-focused podcast, hosted by renowned golf industry experts, Dr. Jeff Poplarski and PGA Professional, Frank Darby.

Tune in weekly to be on the cutting edge of what’s happening in the golf world leading up to the 2025 Ryder Cup

As the golf world gears up for the highly anticipated 2025 Ryder Cup at Bethpage Black, this exciting new show coincides with the 2025 event and provides listeners with expert insights, compelling guest interviews and insightful discussions on wellness, golf performance and the mental side of the game.

Dr. Jeff Poplarski, Sports Chiropractor and Sports Performance Specialist has been the Performance and Recovery Director for the United States Golf Association (USGA) since 2002. He’s also been instrumental at 46 USGA Championships, including 20 U.S. Opens and holds the highest levels of certification from the Titleist Performance Institute. Presently, his expertise in sports recovery and performance enhancement has made him a key figure in professional golf.

Joining him on the podcast is Frank Darby, a 45-year PGA Golf Professional with a distinguished career as a club pro and college coach. Darby spent 23 years coaching at St. John’s University, where he recruited and mentored PGA Tour players Andrew Svoboda, Ryan McCormick and Ryder Cup Captain Keegan Bradley. Frank’s 2014 St John’s Team captured the Big East Championship. Darby is also the long-time host of SiriusXM’s “ON COURSE” on PGATour Radio and part of the management team at the indoor golf facility, Golf Lounge 18.

Teaming up Dr. Poplarski and Darby will bring engaging discussions with Titleist Performance Institute professionals, PGA Tour players, Ryder Cup Staff, media personalities and wellness experts to audiences worldwide.

“The Tunnel to Towers Foundation is honored to support this podcast, which aligns with our mission of resilience, dedication and the pursuit of excellence,” said Frank Siller, Chairman and CEO of the Tunnel to Towers Foundation. “Dr. Jeff and Frank bring an incredible wealth of knowledge and passion for the game, and we are excited for golf fans, veterans, and first responders alike to be inspired by their guests and insights.”

Listeners can tune in on social media platforms (X, Instagram, LinkedIn, Facebook) and all major podcast streaming services.

You Tube: The Road to the Ryder Cup  
X: @RoadtoRyderCup  
IG:@theroadtotherydercup  
LinkedIn:TheRoadtotheRyderCup  
Facebook:TheRoadtotheRyderCup

For more information on the Tunnel to Towers Foundation, visit T2T.org.

A promotional graphic for the "The Road to the Ryder Cup" podcast. At the top, the text "The Road to the Ryder Cup" is written in a white, curved font. Below it is the official Ryder Cup 2025 logo, which features a gold trophy on a shield with American and European flags. Underneath the logo, the word "PODCAST" is written in white, followed by "Featuring Dr. Jeff Poplarski and Frank Darby". The bottom section of the graphic is white and contains the text "SPONSORED BY" next to the Tunnel to Towers Foundation logo. Below this, the words "LISTEN ON" are written in large, bold, black letters. Underneath "LISTEN ON" are the logos for YouTube and Spotify. To the right of these logos is a large QR code. At the bottom right of the QR code, the URL "https://linktr.ee/theroadtotherydercup" is written in a small, black font.

---

## NYSCA LEGISLATIVE UPDATE

# Scope Bill Passes Senate! Focus Now on Assembly as End of Session Draws Near

**Big, Breaking News!** NYSCA's #1 legislative priority - a long overdue update to the chiropractic scope of practice - cleared the NYS Senate late this afternoon by an overwhelming majority vote. The focus of NYSCA's lobbying efforts now shifts to the legislature's lower house, where the bill's Assembly sponsor, Assemblymember Sarah Clark, will spearhead the effort to achieve a similar outcome among the Assembly's 150 members.

We will provide a more detailed report when it is appropriate. The state legislature is scheduled to recess sometime next week. In the meantime, watch your email and our social media channels for late breaking updates.

As a reminder, the bill is a comprehensive update to the chiropractic scope of practice. Among its many noteworthy provisions, the definition of chiropractic was streamlined, keeping the historical tenets of detection and correction of the subluxation yet allowing for stand alone treatment of other articulations (extremities) and neuromusculoskeletal dysfunction. The language now also allows for DOT examinations as well as other examination procedures as currently defined under the practice of chiropractic. In addition, it would codify numerous State Board definitions, including the use of diagnostic imaging (CT, MRI and ultrasound) in addition to x-ray. The use of clinical laboratory methods directly related to the diagnosis and monitoring of neuromusculoskeletal conditions is also permitted, and includes those assessing nutritional or metabolic factors that impact musculoskeletal health.

[https://nysca.memberclicks.net/index.php?option=com\\_dailyplanetblog&view=entry&year=2025&month=06&day=17&id=1831:nysca-legislative-update-end-of-session](https://nysca.memberclicks.net/index.php?option=com_dailyplanetblog&view=entry&year=2025&month=06&day=17&id=1831:nysca-legislative-update-end-of-session)

---

## EDUCATION AND TRAINING

**ANNUAL MEDICARE FRAUD AND ABUSE TRAINING**  
WEB-BASED TRAINING COURSE  
[MORE INFO](#)

**ANNUAL CULTURAL COMPETENCY TRAINING**  
(SOME INSURANCE COMPANIES SUCH AS FIDELIS REQUIRE IT)  
[MORE INFO](#)

**NEW NYS UPDATED MANDATED REPORTER TRAINING REQUIREMENTS FOR REPORTING CHILD ABUSE AND MALTREATMENT/NEGLECT**  
PLEASE REMEMBER TO UPLOAD THE COMPLETED COURSE FORM TO THE OFFICE OF THE PROFESSIONS WEBSITE. CLICK LINK FOR WEBSITE. FAILURE TO SUBMIT CERTIFICATE MAY RESULT IN SUSPENSION OF LICENSE  
[COURSE LINK](#)

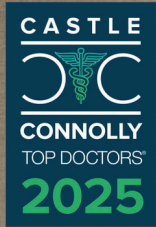
**ANNUAL NYS SEXUAL HARASSMENT PREVENTION TRAINING**  
MODEL PREVENTION POLICY  
[MORE INFO](#)

**KEEP UP TO DATE WITH GOOD FAITH ESTIMATES**  
BEGAN IN 2022  
[MORE INFO](#)



MCHUGH  
NEUROSURGERY

WORLD-CLASS **NEUROSURGICAL CARE.**  
BOARD-CERTIFIED **NEUROSURGEON.**  
SPECIALIZING IN **DEFORMITY &**  
**REVISION SURGERY.**



**BRIAN J. MCHUGH, MD - NOW SEEING PATIENTS IN**

**Smithtown**

**Port Jefferson**

**West Islip**

**Commack**

**Ronkonkoma**

**Bronx**

## **EXPERTISE**

- Complex Spine Surgery
- Scoliosis & Spinal Deformity
- Revision Surgery
- Minimally Invasive Spine Surgery
- Spinal Oncology
- Pediatric & Adult Spine Disorders

## **CONTACT US**

📞 631-780-4470

🌐 [mchughneurosurgery.com](http://mchughneurosurgery.com)

📷 @mchugh.neurosurgery

📘 McHugh Neurosurgery

# Welcoming

## Sathish Subbaiah, MD and Morgan Chen, MD to Catholic Health Physician Partners

Formerly part of Orthopedic Associates of Long Island (OALI),  
they are now seeing patients at the following locations:

800 Old Country Road  
Riverhead, NY 11901

200 Belle Terre Road  
Port Jefferson, NY 11777

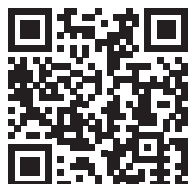
2112 Middle Country Road  
Centereach, NY 11720

55 Medford Avenue  
Patchogue, NY 11772



**Sathish Subbaiah, MD**  
Neurosurgery, Spine Surgery

**Morgan Chen, MD**  
Orthopedic Spine Surgery



To schedule an appointment,  
call **(631) 998-2155**.

[RiverheadPatientCare.org](http://RiverheadPatientCare.org)



**Catholic Health**

**LONG LIVE LONG ISLAND™**

# SpinePain

## SOLUTIONS



SpinePainSolutions.com

Phone/Text: 833-LI-SPINE (833-547-7463)



Dr. Amit Sharma

The Number 1 interventional spine & pain management group in Suffolk & Nassau Counties.

Doctors you have always trusted for your patients and your own family members for decades.

Dr. Sharma, the founder & director of the group, has been honored with several recognitions, including Castle Connolly, New York Magazine & Newsday Top Doctors.

Unparalleled Service:

- State-of-the-art texting service to communicate with the office
- Late hour appointments
- Most HMO plans including Fidelis accepted

### Our Offices

#### BAY SHORE

340 Howells Road,  
Bay Shore, NY 11706

#### BETHPAGE

4250 Hempstead Tnpk,  
Suite 4,  
Bethpage, NY 11714

#### HOLBROOK

4681 Veterans Mem Hwy,  
Holbrook, NY 11741

**Musculoskeletal  
Satellites**

#### HUNTINGTON

182 Main Street,  
Huntington, NY 11743

#### ST. JAMES

265 Lake Ave A,  
St. James NY 11780



# ORTHOPEDIC ASSOCIATES OF LONG ISLAND

## Foot & Ankle



Lorenzo Gamez, MD



Anik Paul, DPM



Mudasser Javed, DPM



Joseph Morra, DPM

## Hand & Upper Extremity

## Non-Operative Sports Medicine



Dimitrios Christoforou, MD



Steven Puopolo, MD



Danielle Degiorgio, DO



Mark Harary, MD



Hayley Queller, MD

## Total Joint Replacement & Surgical Sports Medicine



John Brennan, MD  
Joint Replacement  
Sports Medicine



Anthony Cappellino, MD  
Joint Replacement  
Sports Medicine



Christopher Mileto, MD  
Joint Replacement  
General Orthopedics



Douglas Petraco, MD  
Joint Replacement  
General Orthopedics



Gregg Jarit, MD  
Sports Medicine



Michael Sileo, MD  
Sports Medicine



David Swanson III, MD  
Joint Replacement  
Sports Medicine



Mikhail "Mike"  
Zusmanovich, MD  
Sports Medicine

**(631) 689-6698 | info@oali.com | oali.com**

**Centereach | Commack | East Setauket | Patchogue  
Riverhead | Southampton | Wading River | West Babylon**

# ELITE MEDICAL

*Your Spinal Bracing & DME Specialists*

Elite Medical Supply specializes in Spine and Knee disorders. If your patients have back, neck or knee pain, or are about to or have already had surgery, we can help.

We have been in business since 1998 and are a Medicare accredited supplier of DME, with accreditation by the Board of Certification/Accreditation International. Let our staff of Chiropractors and Certified Orthotic Fitters assist your patients on their road to recovery.

To view all products, ordering process and participating insurances, please visit our website at:

[www.EliteMedicalSupplyofNY.com](http://www.EliteMedicalSupplyofNY.com)



ELITE LSO & TLSO



VENUM LSO & TLSO



EXPANDER  
MAX LSO



ELITE MULTI-MODE  
STIMULATOR



PRONEX



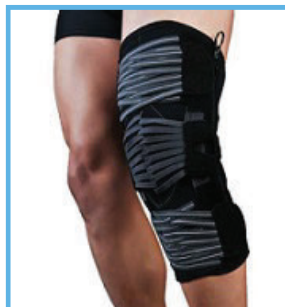
CV-1000



DDS CERVITRAC



TENS UNIT



KNEE BRACES



VISTA MULTI-POST  
CERVICAL COLLAR



CERVICAL  
COLLARS



BONE GROWTH  
STIMULATORS



Chris Rooney D.C., Account Manager

(516) 510-0819

[CRooney@EliteMedicalSupplyofNY.com](mailto:CRooney@EliteMedicalSupplyofNY.com)

1900 Ridge Road #125  
West Seneca, NY 14224  
Toll Free: (866) 712-0881

**70**  
Years

**Serving New York with  
Diagnostic Excellence**



# SERVICES

FOR IMAGING THE SPINE

**MRI**

**CT**

**X-RAY**



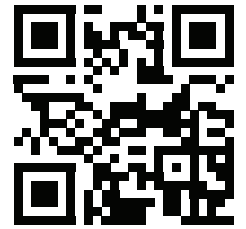
## *The ZP Advantage*

- Personal Injury Patient Division serving providers and attorneys
- Convenient locations throughout Nassau, Suffolk, and NYC
- The latest diagnostic technology at all locations
- Dedicated department for obtaining your authorizations
- Subspecialized, fellowship trained musculoskeletal radiologists
- Radiologist direct contact information included in all reports
- Quick and easy exam scheduling
- Rapid turnaround for reports and images
- User-friendly physician web portal

## PHYSICIAN WEB PORTAL

The ZP Physician Web Portal provides instant access to all of your patients' images and reports in one easy-to-manage system.

[CONNECT.ZPRAD.COM](https://CONNECT.ZPRAD.COM)



**22**  
NYC  
NASSAU  
SUFFOLK  
LOCATIONS

**ZWANGER-PESIRI RADIOLOGY**  
**631.444.5544 ZPRAD.COM**

MRI • CT • X-RAY • NUCLEAR • MAMMOGRAPHY • ULTRASOUND • DEXA • ECHOCARDIOGRAPHY • BIOPSY



**Harlan Health Products, Inc.**

***Experts in Shockwave,  
Laser, Decompression, and  
all Clinical Equipment***

*"All the products you need...  
and the personal  
service you deserve"*

**1-800-345-1124 • [www.HarlanHealth.com](http://www.HarlanHealth.com)**

**[Sales@HarlanHealth.com](mailto:Sales@HarlanHealth.com)**

# 2025 Fall Convention

**October 17-19, 2025  
at  
Embassy Suites East Syracuse**

6646 Old Collamer Road S, E Syracuse, NY 13057

Earn up to 16 CE Credits  
(Category 1 credits TBD) over 3 days  
in beautiful upstate New York!

**MORE INFO**

## **NYSCA D7 OFFICERS**

**President - Dr. JoAnna Fasulo**

631-289-3939

[fasulochiro@gmail.com](mailto:fasulochiro@gmail.com)

**Vice President - Dr. Gregory R. Thomaier**

631-584-8100

[urgreg@gmail.com](mailto:urgreg@gmail.com)

**Treasurer - Dr. Robin Stein**

631-224-3036

[fabelstein@hotmail.com](mailto:fabelstein@hotmail.com)

**Secretary - Dr. Joseph Merckling**

631-286-2300

[mercklingdc@optonline.net](mailto:mercklingdc@optonline.net)

## **D7 BOARD OF DIRECTORS**

**Dr. Alan Friedman**

631-544-0770

[alannsc@aol.com](mailto:alannsc@aol.com)

**Dr. Jeffrey Poplarski**

631-598-7034

[drjpop@gmail.com](mailto:drjpop@gmail.com)

**Dr. George Rulli**

631-471-2225

[drgrdc@aol.com](mailto:drgrdc@aol.com)

# COLLEAGUES IN NEED

## We are Here to Help CONTACT US TODAY