



NYS CA SUFFOLK COUNTY

District 7

NOVEMBER 2025 NEWSLETTER

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Wednesday, November 19th

8:00 PM

Monthly Meeting

HIP DYSFUNCTION AND DIFFERENTIAL DIAGNOSIS WITH LBP

Dr. Michael Sileo, MD from OALI

NEW LOCATION

HAMPTON INN LONG ISLAND/ISLANDIA
1600 VETERANS MEMORIAL HWY, ISLANDIA, NY 11749

What's Inside

President's Message
Insurance Updates
Work Comp Corner
Medicare Corner
D7 Photo Gallery
Use of Imaging for LBP
LBP HEDIS
2026 ICD-10 Updates
Legislation Updates
Education and Training

Calendar of Events

Wed., November 19

Monthly Meeting

HIP DYSFUNCTION AND DIFFERENTIAL
DIAGNOSIS WITH LBP

Presented by

Dr. Michael Sileo, MD from OALI



*Happy
Thanksgiving*

Wed., December 17

Holiday Party - 7-10 PM

at Mezza Luna

644 Vanderbilt Motor Parkway, Hauppauge

Free to Members

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PRESIDENT'S MESSAGE



Dr. JoAnna Fasulo

Dear D7 Colleagues,

As the holiday season approaches, it's a perfect time to reflect with gratitude on the many blessings in our lives; our thriving practices, our families, and the vibrant chiropractic community of NYSCA District 7. I'm especially thankful for our monthly speakers, whose insights and expertise continually inspire us to grow as practitioners.

A heartfelt thank you to Dr. McHugh for his October presentation, where he shared his neurosurgical perspective on scoliosis. His talk offered hope to those facing severe and advanced cases—often beyond the reach of traditional chiropractic care—and reminded us of the power of interdisciplinary collaboration.

Last month, D7 delegates attended the Fall Convention in Syracuse, which was a resounding success. If you haven't yet attended an upstate convention, I highly encourage you to take a mini getaway to beautiful upstate New York and experience world-class education from some of the finest minds in our field.

Looking ahead, our November general meeting will feature Dr. Michael Sileo from OALI, a distinguished orthopedic surgeon with deep roots in Long Island. A Garden City native and magna cum laude graduate of the College of William and Mary, Dr. Sileo earned his medical degree from Stony Brook in 2002. His impressive career includes serving as assistant team orthopedist for the New York Jets, New York Islanders, Hofstra University, and Hunter College. Currently, he is the Director of Sports Medicine at St. Charles Hospital and President of the St. Charles Medical Staff.

We are honored to welcome Dr. Sileo to our D7 meeting, where he will share his expertise in treating athletes. This is a valuable opportunity to learn from his experience and ask questions about cases that may benefit from his specialized care.

Meeting Details:

Date: Wednesday, November 19

Time: 8:00 PM

Location: Hampton Inn, Islandia

Zoom Option: Available for remote attendees

Extras: Dinner, camaraderie, and Q&A with Dr. Sileo

Remember to Save the Date for our D7 Holiday Party at Mezza Luna in Hauppauge on Wednesday December 17 from 7 to 10 pm. We will have wonderful food, drink and catching up with other members, sponsors and District 7 friends. Don't forget to bring a wrapped gift, worth \$40, to participate in the game. The instructions for the game are here- take a minute to learn about the game if it is new to you!

<https://www.whiteelephantrules.com/>

Hope everyone participates, last year, it was a blast!!

Thank you for your continued dedication to chiropractic, District 7, NYSCA and amazing patient care.

Warm regards,

Dr. Fasulo

INSURANCE UPDATES

NEWS FROM THE NIC 2026 ICD-10 CODE UPDATES: EFFECTIVE OCTOBER 1, 2025

<https://www.nysca.com/nic-icd10?servId=9658>

EFFECTIVE JAN. 1, 2026, NEW YORK CITY EMPLOYEES, PRE-MEDICARE RETIREES, AND THEIR DEPENDENTS WILL BE OFFERED THE NEW YORK CITY EMPLOYEES PPO (NYCE PPO) PLAN, A HEALTH INSURANCE PLAN DELIVERED THROUGH A PARTNERSHIP BETWEEN EMBLEMHEALTH AND UNITEDHEALTHCARE.

<https://view.connections.emblemhealth.com/?qs=5f30c4d470a7344ca-df81e67e7b4905cc59632f139dbdc787c0923d5f6cf63ae8e0f5f32fae8bb049e4bbcf61ff97b5b9ea2147ad7b5067f355dfd042ed68ad3e54b893d450fe6247db45b72ada732695b8e215bd177bdc1>

COME DOWN TO THE MEETING FOR MORE DETAILS

OPTUM HEALTH CARE SOLUTIONS, LLC (OPTUM) SENT OUT FAXES IN AUGUST THAT THE 2024 TIER LETTERS ARE NOW AVAILABLE.

Please login to your myoptumhealthphysicalhealth.com account to retrieve your letter.

NEW NYSCA MEMBER PRIVILEGES ANNOUNCEMENT: COMPLIMENTARY ACCESS TO THE CLINICAL COMPASS EVIDENCE CENTER

https://nysca.memberclicks.net/index.php?option=com_dailyplanetblog&view=entry&year=2025&month=06&day=30&id=1838:nysca-members-now-have-complimentary-access-to-the-clinical-compass-evidence-center-

BC/BS SETTLEMENT STATUS: (INFO FROM BCBSPROVIDERSETTLEMENT.COM)

The Court resolved all appeals, and the Settlement is final. The deadline to submit claims in the Blue Cross Blue Shield Provider Settlement passed on July 29, 2025, and the Settlement Administrator is no longer accepting new claim forms. Settlement Class Members with existing claims may log in to their portal account and update their contact information or their payment method and details but may not edit other sections of the claim form. Settlement Class Members with existing claims who wish to make changes to other sections of the claim form must contact the Administrator at Administrator@BCBSProviderSettlement.com or (888) 452-3095.

<https://www.bcbsprovidersettlement.com/>

IMPORTANT CHANGES TO FORM C-8.1B EFFECTIVE JANUARY 5, 2026

[HTTPS://CONTENT.GOVDELIVERY.COM/ACCOUNTS/NYWCB/BULLETINS/3F4E7E0](https://content.govdelivery.com/accounts/NYWCB/bulletins/3F4E7E0)

AS OF AUGUST 1, 2025, PROVIDERS SUBJECT TO ELECTRONIC CMS-1500 MANDATE

<https://content.govdelivery.com/accounts/NYWCB/bulletins/3ed97ef>

<https://content.govdelivery.com/accounts/NYWCB/bulletins/3ea1e53>

PAYMENT OF CPT CODE 99080 ON CMS-1500 BILLS (NEWLY APPROVED CPT CODE UNDER THE WORKERS COMPENSATION FEE SCHEDULE)

Applies to Workers Compensation bills only.
Does not apply to No Fault bills

<https://content.govdelivery.com/accounts/NYWCB/bulletins/3e71236>

DEPARTMENT OF LABOR NEW E-BILLING REQUIREMENTS (TAKEN FROM CARISK.COM)

a) Per the DOL: All Group practices must ensure the rendering provider NPI is associated with an active servicing provider in the OWCP provider file. As of 9/20/25, all billing provider groups and rendering provider taxonomy codes will be required. Providers should visit <https://owcpmed.dol.gov> to review and update provider NPI and/or taxonomy information if syntax rejections are received.

b) Electronic Fund Transfer (EFT) Mandate
Due to Executive Order 14247, beginning September 30, 2025, all providers enrolled in the Department of Labor (DOL) Office of Workers' Compensation Programs must comply with the U.S. Treasury's Electronic Fund Transfer (EFT) mandate. Providers who are not enrolled in EFT must immediately complete and submit an ACH enrollment form to change payment method. [Click here](#) to access the form. The completed form can be submitted via fax at 888-444-5335 or by mail to Provider Enrollment, PO Box 8312 London, KY 40742-8312. Please make sure to include your OWCP Provider ID on all correspondence. Providers registered on the portal can log in and submit a modification by clicking on the maintain provider information hyperlink. Failure to comply will result in non-payment.

SPECIFIC HP1 DOCUMENTATION GUIDELINES

<https://content.govdelivery.com/accounts/NYWCB/bulletins/38a834c>

ON 8/22/2025- THE NYS WORKERS' COMPENSATION BOARD RELEASED AN UPDATED VERSION OF THE C-4.3 PERMANENT IMPAIRMENT FORM AND SUBMISSION GUIDELINES

<https://content.govdelivery.com/accounts/NYWCB/bulletins/3ee5e5e>
<https://nysca.memberclicks.net/nic-workerscomp?servId=9658>



H.R. 539- THE MEDICARE COVERAGE MODERNIZATION ACT IS IN NEED OF COSPONSORS FROM NEW YORK. NYSCA MEMBERS HAVE BEEN HARD AT WORK AND WE HAVE A FEW COSPONSORS FROM NEW YORK BUT WE STILL NEED MORE ESPECIALLY FROM DOWNSTATE!

Most of Long Island is comprised of the 1st or 2nd Congressional District. District 1 is basically all of northern Suffolk, and the south shore east of Mastic-Shirley. District 2 is basically all of Suffolk south of the LIE and west of Mastic-Shirley. You can check for your Representative by going to www.House.gov and entering your home address and Zip code.

Congressman Nick LaLota
Representing the 1st District of New York
lalota.house.gov

Representative Andrew Garbarino
garbarino.house.gov

Action Center



**NEW YORK STATE
CHIROPRACTIC
ASSOCIATION**

CHIROPRACTIC LEGISLATION IN THE WORKS

Watch Video Below



ATTENTION PART B MEDICARE CLAIM SUBMITTERS FOR UPSTATE COUNTIES AND QUEENS

<https://mailchi.mp/15017458fdbb/new-po-boxes-for-part-b-claim-submitters-in-connecticut-and-new-york-upstate-counties-and-queens?e=de10d9725c>

ALERT: MEDICARE FRAUD SCHEME INVOLVING PHISHING REQUESTS VIA FAX AND OTHER MEANS

<https://www.cms.gov/fraud>
https://nysca.memberclicks.net/index.php?option=com_dailyplanetblog&view=entry&year=2025&month=06&day=24&id=1835:alert-medicare-fraud-scheme-involving-phishing-fax-requests

SUPPORT FOR WINDOWS 10 WILL END IN OCTOBER 2025

After October 14, 2025, Microsoft will no longer provide free software updates from Windows Update, technical assistance, or security fixes for Windows 10. Please speak with your practice's computer team for your best options.

The end of Windows 10 and conversion to Windows 11 is significant for HIPAA purposes.

<https://www.hhs.gov/hipaa/for-professionals/faq/2014/does-the-security-rule-mandate-minimum-operating-system-requirements/index.html>

<https://www.microsoft.com/en-us/windows/end-of-support?r=1>

OCTOBER MEETING

Thank you, Dr. McHugh, for an excellent Case Study Review! From Curve to Correction:
A Case Study in the Surgical Management of Complex Spinal Deformity



NYSOA DISTRICT 7 REPRESENTING AT THE NYSOA 2025 FALL CONVENTION IN SYRACUSE



Use of Imaging Studies for **Low Back Pain (LBP)**



HEDIS® is a widely used set of performance measures developed and maintained by the NCQA. These are used to drive improvement efforts surrounding best practices.

This HEDIS measure looks at the percentage of members 18 to 75 years of age with a principal diagnosis of low back pain who did not have an imaging study (plain X-ray, MRI, CT scan) within 28 days of the diagnosis January 1 to December 31 of the measurement year.

The measure is reported as an inverted rate. A higher score indicates appropriate treatment of low back pain (for example, the proportion for whom imaging studies did not occur).

Exclusions:

- Members who use hospice services or elect to use a hospice benefit any time during the measurement year
- Members who die any time during the measurement year
- Members receiving palliative care any time during the measurement year
- Members who had an encounter for palliative care any time during the measurement year
- Members 66 years of age or older as of December 31 of the measurement year (all product lines) with frailty and advanced illness. Members must meet **both** frailty and advanced illness criteria to be excluded
- Members that meet any of the following criteria are exclusions:
 - Cancer
 - Recent trauma
 - Intravenous drug abuse
 - Neurological impairment
 - HIV
 - Spinal infection
 - Major organ transplant
 - Prolonged use of corticosteroids
 - Osteoporosis
 - Lumbar surgery
 - Spondylopathy
 - Fragility fracture

HEDIS® is a registered trademark of the National Committee for Quality Assurance (NCQA).

USE OF IMAGING STUDIES FOR LOW BACK PAIN: HEDIS RECOMMENDATIONS

HELPFUL HINTS:

1. Always give the most specific diagnosis for the patient
2. Use the correct exclusion diagnosis code when possible
3. Try not to order Imaging within the first 4 weeks of new onset back pain in the absence of Red Flags

The following table gives a few examples of diagnosis/descriptions that excludes the patient from the LBP HEDIS measurement.

G89.11	Acute Pain due to Trauma
M81.0	Prolonged Use of Corticosteroids/Osteoporosis
R26.2	Neurological Impairment-Difficult walking
R29.2	Neurological Impairment-Abnormal reflex
Z85.9	Personal history of malignant neoplasm (any cancer)
M45.6	Ankylosing spondylitis lumbar region

2026 ICD-10 UPDATES (EFFECTIVE OCTOBER 1, 2025)

Pelvic and Perineal Pain

Additions:

R10.2 is now RETIRED/DELETED

R10.20	Pelvic and perineal pain, unspecified side
R10.21	Pelvic and Perineal pain, right side
R10.22	Pelvic and Perineal pain, left side
R10.23	Pelvic and perineal pain, bilateral
R10.24	Suprapubic pain

Additions:

Other Abdominal Pain

R10.8A1	Right flank tenderness
R10.8A2	Left flank tenderness
R10.8A3	Suprapubic tenderness
R10.8A9	Flank tenderness, unspecified
R10.A0	Flank pain, unspecified side
R10.A2	Flank pain, left side
R10.A3	Flank pain, bilateral

Contusions

Additions:

S30.1XXA is now Retired

S30.1XXA	Abdominal Wall Contusion
S30.12XA	Groin contusion
S30.13XA	Flank region contusion

Additional Musculoskeletal Codes

M21.159	Varus deformity, unspecified hip
R39.851-R39.859	Costovertebral (angle) tenderness (side specific)

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NYSCA LEGISLATIVE UPDATE

Scope Bill Passes Senate! Focus Now on Assembly as End of Session Draws Near

Big, Breaking News! NYSCA's #1 legislative priority - a long overdue update to the chiropractic scope of practice - cleared the NYS Senate late this afternoon by an overwhelming majority vote. The focus of NYSCA's lobbying efforts now shifts to the legislature's lower house, where the bill's Assembly sponsor, Assemblymember Sarah Clark, will spearhead the effort to achieve a similar outcome among the Assembly's 150 members.

We will provide a more detailed report when it is appropriate. The state legislature is scheduled to recess sometime next week. In the meantime, watch your email and our social media channels for late breaking updates.

As a reminder, the bill is a comprehensive update to the chiropractic scope of practice. Among its many noteworthy provisions, the definition of chiropractic was streamlined, keeping the historical tenets of detection and correction of the subluxation yet allowing for stand alone treatment of other articulations (extremities) and neuromusculoskeletal dysfunction. The language now also allows for DOT examinations as well as other examination procedures as currently defined under the practice of chiropractic. In addition, it would codify numerous State Board definitions, including the use of diagnostic imaging (CT, MRI and ultrasound) in addition to x-ray. The use of clinical laboratory methods directly related to the diagnosis and monitoring of neuromusculoskeletal conditions is also permitted, and includes those assessing nutritional or metabolic factors that impact musculoskeletal health.

https://nysca.memberclicks.net/index.php?option=com_dailyplanetblog&view=entry&year=2025&month=06&day=17&id=1831:nysca-legislative-update-end-of-session

EDUCATION AND TRAINING

ANNUAL MEDICARE FRAUD AND ABUSE TRAINING
WEB-BASED TRAINING COURSE
[MORE INFO](#)

ANNUAL CULTURAL COMPETENCY TRAINING
UNITED HEALTHCARE IS NOW REQUIRING CERTAIN PROVIDERS TO COMPLETE A CULTURAL COMPETENCY TRAINING. MUST BE COMPLETED THROUGH THE HEALTH AND HUMAN SERVICES WEBSITE. COME DOWN TO THE MEETING FOR MORE DETAILS.
[MORE INFO](#)

MANDATORY UPDATED MANDATED REPORTER TRAINING FOR CHILD ABUSE OR MALTREATMENT MUST BE COMPLETED BY NOVEMBER 17, 2026
(This is in addition to the training that was completed in April 2025)
PLEASE REMEMBER TO UPLOAD THE COMPLETED COURSE FORM TO THE OFFICE OF THE PROFESSIONS WEBSITE. CLICK LINK FOR WEBSITE. FAILURE TO SUBMIT CERTIFICATE MAY RESULT IN SUSPENSION OF LICENSE
[COURSE LINK](#)

ANNUAL NYS SEXUAL HARASSMENT PREVENTION TRAINING
MODEL PREVENTION POLICY
[MORE INFO](#)

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BEGAN IN 2022
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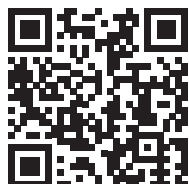
2112 Middle Country Road
Centereach, NY 11720

55 Medford Avenue
Patchogue, NY 11772



Sathish Subbaiah, MD
Neurosurgery, Spine Surgery

Morgan Chen, MD
Orthopedic Spine Surgery



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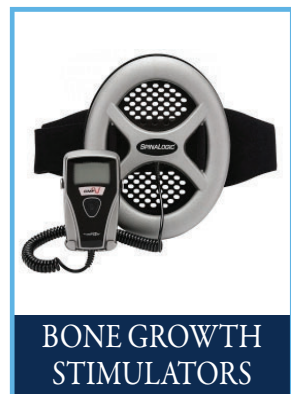
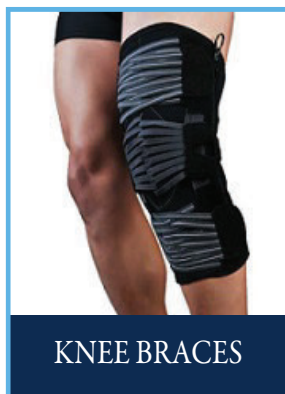
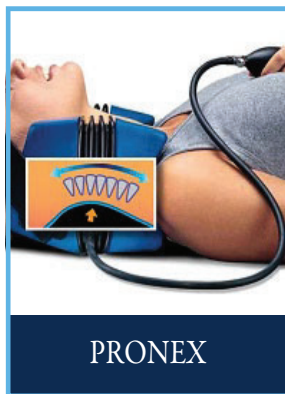
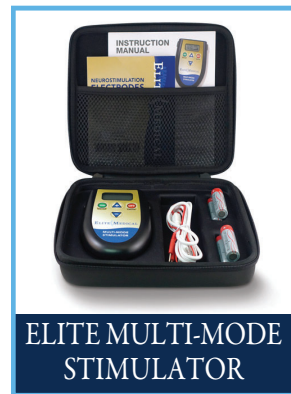
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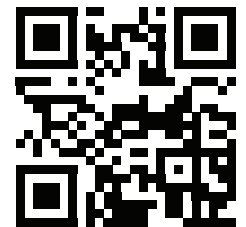
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